



Anlage: **Pflichtzeiten** Bremer Landes- und Landesjahrgangsmeisterschaften, Bremer Mastermeisterschaften auf der Langbahn 31.03.-02.04.2017

Frauen		offen		19 18		17		16		15		14		13		12		11		10		9		8	
Strecke		1998	99	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009												
50 F	00:30,00	00:32,00		00:33,00	00:34,00	00:35,00	00:36,00	00:38,00	00:41,00	00:45,00	00:50,00	01:00,00	Keine												
100 F	01:06,00	01:10,00		01:13,00	01:16,00	01:19,00	01:24,00	01:28,00	01:33,00	01:38,00	01:45,00	02:00,00	02:15,00												
200 F	02:30,00	02:33,00		02:37,00	02:40,00	02:47,00	02:58,00	03:10,00	03:25,00	03:30,00	03:45,00	keine	-												
400 F	05:00,00	05:15,00		05:30,00	05:45,00	06:00,00	06:15,00	06:30,00	06:45,00	06:55,00	07:10,00	-	-												
800 F	10:24,00	10:35,00		10:39,00	10:41,00	10:49,00	10:57,00	11:16,00	11:50,00	12:27,00	-	-	-												
1500 F	21:20,00																								
50 B	00:38,50	00:40,00		00:41,00	00:43,00	00:45,00	00:47,00	00:49,00	00:51,00	00:54,00	00:59,00	01:05,00	Keine												
100 B	01:24,00	01:27,00		01:29,00	01:33,00	01:37,00	01:42,00	01:46,00	01:50,00	01:55,00	02:00,00	02:10,00	-												
200 B	03:00,00	03:05,00		03:10,00	03:18,00	03:25,00	03:30,00	03:37,00	03:40,00	03:50,00	04:00,00	-	-												
50 S	00:33,00	00:34,00		00:36,00	00:38,00	00:40,00	00:42,00	00:44,00	00:47,00	00:51,00	00:58,00	01:05,00	-												
100 S	01:13,00	01:15,00		01:17,00	01:20,00	01:24,00	01:29,00	01:34,00	01:40,00	01:46,00	01:57,00	-	-												
200 S	03:00,00	03:05,00		03:10,00	03:15,00	03:20,00	03:25,00	03:30,00	03:40,00	04:00,00	-	-	-												
50 R	00:35,00	00:37,00		00:38,00	00:39,00	00:41,00	00:43,00	00:45,00	00:47,00	00:51,00	00:58,00	01:05,00	Keine												
100 R	01:15,00	01:17,00		01:19,00	01:21,00	01:24,00	01:29,00	01:34,00	01:39,00	01:43,00	01:55,00	02:00,00	02:15,00												
200 R	02:45,00	02:50,00		02:55,00	03:00,00	03:05,00	03:10,00	03:15,00	03:30,00	03:35,00	03:50,00	04:00,00	-												
200 L	02:44,00	02:50,00		02:55,00	03:00,00	03:10,00	03:20,00	03:30,00	03:40,00	04:00,00	04:00,00	-	-												
400 L	05:47,00	05:51,00		05:53,00	05:54,00	05:57,00	06:05,00	06:10,00	06:30,00	06:50,00	-	-	-												

Männer		offen		19 18		17		16		15		14		13		12		11		10		9		8	
Strecke		1998	99	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009												
50 F	00:28,00	00:29,00		00:30,00	00:31,00	00:32,00	00:34,00	00:36,00	00:39,00	00:45,00	00:53,00	01:05,00	Keine												
100 F	01:01,00	01:03,00		01:06,00	01:10,00	01:15,00	01:20,00	01:25,00	01:30,00	01:37,00	01:47,00	01:57,00	02:15,00												
200 F	02:25,00	02:31,00		02:35,00	02:39,00	02:46,00	02:58,00	03:10,00	03:25,00	03:35,00	03:45,00	keine	-												
400 F	04:55,00	05:10,00		05:25,00	05:40,00	05:55,00	06:15,00	06:30,00	06:50,00	07:00,00	07:10,00	-	-												
800 F	11:50,00																								
1500 F	18:30,00	18:57,00		19:10,00	19:30,00	19:58,00	20:25,00	21:16,00	22:35,00	23:35,00	-	-	-												
50 B	00:38,50	00:39,50		00:40,50	00:42,00	00:44,00	00:46,00	00:48,00	00:51,00	00:54,00	00:59,00	01:05,00	Keine												
100 B	01:24,00	01:27,00		01:29,00	01:33,00	01:37,00	01:42,00	01:47,00	01:50,00	01:54,00	02:00,00	02:10,00	-												
200 B	03:00,00	03:05,00		03:10,00	03:18,00	03:25,00	03:30,00	03:37,00	03:42,00	03:50,00	04:00,00	-	-												
50 S	00:29,00	00:31,00		00:33,00	00:35,00	00:38,00	00:40,00	00:42,50	00:45,00	00:49,00	00:55,00	01:00,00	-												
100 S	01:08,00	01:13,00		01:15,00	01:18,00	01:23,00	01:27,00	01:32,00	01:39,00	01:49,00	01:58,00	-	-												
200 S	02:50,00	02:55,00		03:00,00	03:05,00	03:10,00	03:20,00	03:30,00	03:40,00	04:00,00	-	-	-												
50 R	00:30,00	00:32,00		00:33,00	00:35,00	00:37,00	00:40,00	00:43,00	00:46,00	00:50,00	00:58,00	01:05,00	Keine												
100 R	01:09,00	01:11,00		01:13,00	01:16,00	01:21,00	01:26,00	01:32,00	01:37,00	01:46,00	01:55,00	02:00,00	02:15,00												
200 R	02:40,00	02:45,00		02:49,00	02:53,00	02:58,00	03:05,00	03:18,00	03:30,00	03:40,00	03:55,00	04:00,00	-												
200 L	02:34,00	02:42,00		02:50,00	03:00,00	03:10,00	03:20,00	03:30,00	03:45,00	04:00,00	04:10,00	-	-												
400 L	05:16,00	05:23,00		05:27,00	05:30,00	05:35,00	05:50,00	06:00,00	06:25,00	06:55,00	-	-	-												

Erklärung: Masters keine Pflichtzeiten, keine = keine Pflichtzeiten, - = nicht startberechtigt